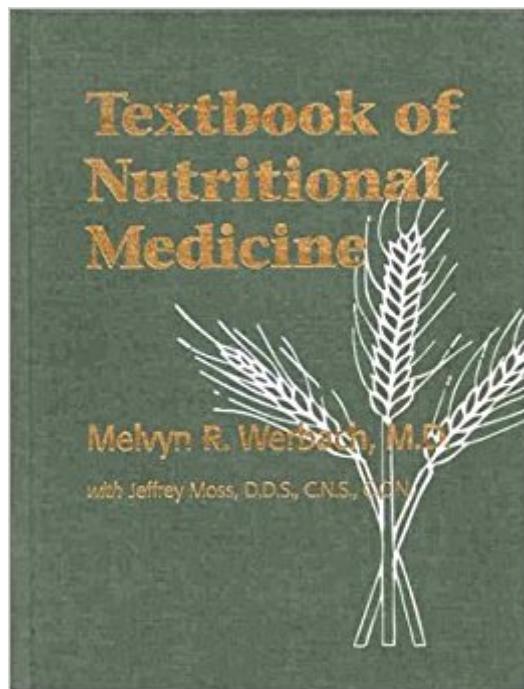


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Textbook Of Nutritional Medicine



Synopsis

The first textbook in a rapidly evolving field, Textbook of Nutritional medicine provides discussions of dietary and nutritional treatments for 82 illnesses based on a comprehensive review of the world's literature. It also features unique Nutritional Treatment Guides that rate and summarize each nutritional treatment discussed in the text, including dosages, trial periods, etc. In addition, numerous case reports illustrate the application of the treatments that are discussed.

Book Information

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This unique book on the treatment of illness with diet and supplements is based on the extensive knowledge of the scientific literature which made the Werbach Sourcebooks of Clinical Research

internationally famous.

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This is a very good, literature based assessment of the use of vitamins, minerals, herbs, etc. for the treatment of disease. All of the recommendations are based on an extensive review of the technical journals. Dr. Werbach has arranged his literature based recommendations for common pathological conditions. He recommends and categorizes various nutrients if the literature definitely supports its use, probably supports its use or there is not enough empirical evidence supporting its use. If you're an alternative health care provider, this book is a must buy!

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